



September 2025

Dear Central Senior Families (new and seasoned),

It is hard to believe that we are already back to school! I hope everyone had an enjoyable break and is ready to get back to work.

I would like to start by introducing myself. For some, this will be a repeat and for others a first. My name is Charlene Chapman and I have been working with Trillium Lakelands DSB since 2006. I have worked previously as a teacher at Leslie Frost, Queen Victoria, King Albert, Parkview and Central Senior. The previous four years I have been a Vice Principal at Leslie Frost, Langton and Jack Callaghan. I am looking forward to returning for my second year as Central Senior's Principal and working with this wonderful community once again.

With the boundary review completed, Central has seen some big changes over the summer. For the 2025-2026 school year we are a French Immersion school, we have 8 classes spanning from grade 4 to 8.

I would like to welcome the new teachers to Central Senior for this year, some are here for the whole year and some for shorter periods of time. Welcome to Brittany Prozenko and Susanne Kovacs.

We are looking forward to touching base with our families over the month of September. Teachers will be looking for an opportunity to talk with parents about their child either by phone or face to face. Please join us for the Meet the Teacher evening on Tuesday September 9th from 5:30 to 6:30.

Coming up in September is our Terry Fox event on Friday September 26th. We will also be honouring the National Day for Truth and Reconciliation on Tuesday September 30th. Please wear orange in recognition of this important event.

Looking forward to an exciting year together  
*Charlene Chapman*



**Upcoming Important Dates to Remember in September:**

*(Keep up-to-date by checking out our school calendar on our website)*

Wed. Sept. 3rd - Picture Day



Tuesday Sept. 9th @ 5:30 PM  
Meet the Teacher



Friday Sept 26th - Terry Fox Run



Tuesday Sept 30th - National Day for Truth and Reconciliation (wear an orange shirt)



**School Screening Tool**

Wondering if you should send your child to school based on their symptoms or diagnosis? We know this keeps changing and it is hard for families to keep up. The best and easiest way is to go through the daily School Screening Tool. This is what we use in the office. Click here to access:



## Meet the Teacher

Please join us on Tuesday, September 9th from 5:30 PM to 6:30 PM for our Meet the Teacher event. This is meant to be a drop in event where you can see your child(ren)'s class and meet their teachers. We look forward to seeing you.

## Terry Fox Run

Our school event will take place on Friday September 26th. Please stay tuned for more information about this event and fundraising.

Links to stay informed:

- [TLDSB Handbook for Parents/Guardians and Students](#)
- [School to Home Communication](#)

## My Bus To School

**Sign up for bus updates before the snow flies!**



If you are interested this article answers some common questions and concerns of French Immersion parents. Please click here for more information.

## School Council

The first School Council Meeting will take place Sept 23rd @ 6pm in the library. Anyone is welcome to join us!

## Office Closed Daily

The office will be closed daily from 1:00 to 1:30. Please make sure that you have notified your child's teacher about any pick ups or changes to your schedules during this timeframe ahead of time.

## Staffing

Grade 4 - Mme Ellis and Ms. Prozenko  
Grade 4½ - Mme Milne and Ms. Kovacs  
Grade 5 - Mme Dales and Ms. Kovacs  
Grade 6 - Mme Raines and Ms. Cotton  
Grade 6/7 - Mr. Thomas and Mme Kherraji  
Grade 7 - Mme Kherraji and Mr. Thomas  
Grade 7½ - Mr. Lowell and Mme Steffler  
Grade 8 - Mme Steffler and Mr. Lowell  
Resource - Ms. Cotton  
Head Secretary - Ms. Cummings  
Librarian - Ms. Kenny  
Head Custodian - Mrs. Angers  
Night Custodian - Mr. Otter  
Principal - Ms. Chapman

## End of Day Changes

At Central School, we strive to assist families with changes in their normal routines when necessary. We are limited in what we can feasibly do. Please make sure that you contact the office before 2 PM if there are any changes to pick up, this will give time for the messages to be relayed. Please do not use email directly to the teacher as they are likely teaching and may not have a chance to check their email. The agenda is a great place to put any changes that are known ahead of time.

## **PPM 128 and Cell Phones**

We are moving in to year 2 of PPM 128 and cell phones being off and away. We had great success last year. Cell phones are to be left in lockers or backpacks. This includes Smart watches as well. Students will be permitted to disable the messaging function on their watch and continue to wear them, we all want to record our steps too.

## **Breakfast Club**

We are looking for community volunteers to help us with our breakfast program. We will need a few volunteers for approximately 1 hour per week to bag cereal and crackers and to prepare easy items.

## **Hot Lunches and Chocolate Milk**

We all enjoy a lunch we do not need to make. As office staff we will do our best to have ordering available on School Cash Online mid September to start the beginning of October. Final decisions have not been made, last year we offered pizza and BarBurrito. Please email [infocss@tlds.on.ca](mailto:infocss@tlds.on.ca) if you have a suggestion for something different.

Chocolate milk will commence once student leaders for the program have been selected. We sold 500mL for \$2 last year. We will check the current purchase price and proceed accordingly.

## **Lunch Monitor and Crossing Guard**

Our school community is in need of both. If you are interested in learning more about the position or applying please visit the City of Kawartha Lakes career opportunities page (crossing guard) or TLDSB website (lunch monitor).

## **Agendas**

We have purchased an agenda for every student. Please check this on a regular basis and use it to communicate with educators as well. We hope that the agenda can help support home communication and tracking of student activities.

## **Teacher Tips (Mme Steffler)**

Your child is in French Immersion, but your own French skills max out at "Je suis un ananas."? That's ok! There are lots of ways you can support your child's French learning, even if you're not confident in your own skills. Here are some things that Mme Steffler suggests:

-Offer books and magazines in French. This can be from the public library, your own subscription, or from the school library. Have your child read to you, a sibling or even a pet. Sora and Je Lis, offered through the school board, have lots of audio books that you can follow along with, which is a great way to reinforce phonological awareness (word to sound connections).

-Listen to music in French. Manie Musicale playlists are a great place to start and are on all streaming platforms. If you want to reinforce vocabulary, Alain Le Lait, Matt Maxwell, Etienne, Charlotte Diamond and Gregg LeRock are all singers who have educational French songs available on YouTube.

-Seek out French cultural activities. While Kawartha Lakes doesn't have a large Francophone population, places like Sudbury, Penetanguishene, Ottawa and Welland do. If you're away for a sports tournament or planning a weekend getaway, consider a visit to a museum, local festival or heritage location that connects to French culture. If you're travelling somewhere like Quebec, have the kids order at Timmy's! You could plan French themed evenings at home and try new recipes, play French music, write a menu together and have your child(ren) act as servers.

-Communicate in French. If you have neighbours or family members who speak French, reach out to them and plan times to chat in French. Remind them to speak more slowly than usual and to be prepared to repeat things, but the real-life practice is a great way to build communication skills. If your child has a friend who is in the FI program, have them video chat with each other and send each other short letters in French like a local pen pal.

-Model risk-taking. Being open to making mistakes and trying new things are a huge part of language learning. Talk to your kids about learning new things and how you're overcoming obstacles you encounter. Model progress over perfection!