



September 2026

Dear Central Senior Families (new and seasoned),
It is hard to believe that we are already back to school! I hope everyone had an enjoyable break and is ready to get back to work.

I would like to start by introducing myself. For some, this will be a repeat and for others a first. My name is Charlene Chapman and I have been working with Trillium Lakelands DSB since 2006. I have worked previously as a teacher at Leslie Frost, Queen Victoria, King Albert, Parkview and Central Senior. The previous four years I have been a Vice Principal at Leslie Frost, Langton and Jack Callaghan. I am looking forward to returning for my third year as Central Senior's Principal and working with this wonderful community once again.

I am confident that staff, students and our broader community all look forward to building on the wonderful year we had last year. We have many plans for this year, please make sure you are perusing the monthly newsletter to ensure you are informed about the many exciting things happening at Central.

We are looking forward to touching base with our families over the month of September. Teachers will be looking for an opportunity to talk with parents about their child either by phone or face to face. Please join us for the Meet the Teacher evening on Wednesday September 16th from 5:30 to 6:30. Coming up in September is our Terry Fox event date to be determined. We will also be honouring the National Day for Truth and Reconciliation on Wednesday September 30th. Please wear orange in recognition of this important event.

NEW THIS YEAR

We will be having a monthly draw for students who have attended every school day that month. We want to recognize and reward both the student and the families that support them. We will start early in the month of October by drawing for the month of September. This month's family prize will be a pizza from 241 Pizza and we will have BarBurrito as an individual prize. Thank you 241 Pizza and BarBurrito for your donation. Looking forward to an exciting year together

Charlene Chapman

Hosted by TLDSB Mental Health Services
Parent/guardian engagement events:

Hannah Beach

- Creating the Best Conditions for Growth and Learning
- Revitalizing Childhood to Combat Anxiety and Aggression
- Understanding Adolescents from the Inside-Out



The Kindergarten Workshop: Creating the Best Conditions for Growth and Learning

Wednesday, September 16, at 7 p.m. Virtual via Zoom.

Reclaiming Play: Revitalizing Childhood to Combat Anxiety and Aggression

Wednesday, October 14, at 7 p.m. Virtual via Zoom.

Understanding Adolescents from the Inside-Out

Wednesday, October 21, at 7 p.m. Virtual via Zoom.

Please visit tldsbc.ca for more info and to register.



Upcoming Important Dates to Remember in September:

(Keep up-to-date by checking out our school calendar on our website)

Tues Sept. 8 - Picture Day



Fri Sept. 11th - BBQ lunch in support of athletics

Wed Sept. 16th 5:30 - 6:30 PM

Meet the Teacher



Fri Sept 25th - Jour des Franco-Ontariens



Mon Sept 28th - Ieflofranco CONCERT



Tuesday Sept 30th - National Day for Truth and Reconciliation (wear an orange shirt)



Meet the Teacher

Please join us on Wednesday, September 16th from 5:30 PM to 6:30 PM for our Meet the Teacher event. This is meant to be a drop in event where you can see your child(ren)'s class and meet their teachers. We look forward to seeing you.

Terry Fox Run

Our school event will take place on a date to be determined in the future. Please stay tuned for more information about this event and fundraising.

BBQ Lunch Friday Sept 11th

Cash only - \$5 for a hot dog, chips and juice box
We will sell and serve at second recess/lunch.
All proceeds will go to supporting our gym programs and school sports teams.

School Council Meeting and Election

Our first meeting will be on Wednesday September 23rd from 6 to 7 in Room 15 at Central Senior School. Please join us. We need your input to continue to improve student's experiences in this school. All are welcome.

Office Closed Daily

The office will be closed daily from 1:30 to 2:00. Please make sure that you have notified your child's teacher about any pick ups or changes to your schedules during this timeframe ahead of time.

Staffing

Grade 4 - Mme Ellis
Grade 5 - Mme Milne
Grade 5/6 - Mme Kherraji
Grade 6 - Mme Raines
Grade 7 - Mme Dales
Grade 7/8 - Mr. Lowell
Grade 8 - Mme Steffler
Math - Mr Lowell
English - Mr Thomas
Resource - Mme Raines
Head Secretary - Ms. van den Akker
Librarian - Ms. Johnstone
Head Custodian - Mrs. Angers
Night Custodian - Ms Copeland
Principal - Ms. Chapman

End of Day Changes

At Central School, we strive to assist families with changes in their normal routines when necessary. We are limited in what we can feasibly do. Please make sure that you contact the office before 2:30 PM if there are any changes to pick up, this will give time for the messages to be relayed. Please do not use email directly to the teacher as they are likely teaching and may not have a chance to check their email. The agenda is a great place to put any changes that are known ahead of time.

Links to stay informed:

- [TLDSB Handbook for Parents/Guardians and Students](#)
- [School to Home Communication](#)

My Bus To School
Sign up for bus updates before the snow flies!



If you are interested this article answers some common questions and concerns of French Immersion parents. Please click here for more information.

PPM 128 and Cell Phones

We are moving in to year 2 of PPM 128 and cell phones being off and away. We had great success last year. Cell phones are to be left in lockers or backpacks. This includes Smart watches as well. Students will be permitted to disable the messaging function on their watch and continue to wear them, we all want to record our steps too.

Hot Lunches and Chocolate Milk

We all enjoy a lunch we do not need to make. As office staff we will do our best to have ordering available on School Cash Online quickly, so that we can start providing lunches by week 2 of September. We offer pizza from 241 Pizza and burritos or bowls from Bar Burrito.

Please email infocss@tldsbc.on.ca if you have a suggestion for something different.

Chocolate milk will commence once student leaders for the program have been selected. We sell 500mL for \$2.

Lindsay Fair

If there is a parent or parents willing to help us with a display for the LEX, we would appreciate it. September is extremely busy and we have a small staff here at Central Senior.

Volunteers would be responsible for designing and assembling the school display for the fair. It would be optional whether or not this individual organized entries for the students.

Attendance Draw

We want students at school. Students will be counted as present if they attend any portion of a school day. If your student needs to be away for a full day for any reason they will not be eligible for that month's draw.

Thank you to 241 Pizza and BarBurrito for sponsoring this month's prize.

Teacher Tips (Mme Steffler)

Your child is in French Immersion, but your own French skills max out at "Je suis un ananas."? That's ok! There are lots of ways you can support your child's French learning, even if you're not confident in your own skills. Here are some things that Mme Steffler suggests:

-Offer books and magazines in French. This can be from the public library, your own subscription, or from the school library. Have your child read to you, a sibling or even a pet. Sora and Je Lis, offered through the school board, have lots of audio books that you can follow along with, which is a great way to reinforce phonological awareness (word to sound connections).

-Listen to music in French. Manie Musicale playlists are a great place to start and are on all streaming platforms. If you want to reinforce vocabulary, Alain Le Lait, Matt Maxwell, Etienne, Charlotte Diamond and Gregg LeRock are all singers who have educational French songs available on YouTube.

-Seek out French cultural activities. While Kawartha Lakes doesn't have a large Francophone population, places like Sudbury, Penetanguishene, Ottawa and Welland do. If you're away for a sports tournament or planning a weekend getaway, consider a visit to a museum, local festival or heritage location that connects to French culture. If you're travelling somewhere like Quebec, have the kids order at Timmy's! You could plan French themed evenings at home and try new recipes, play French music, write a menu together and have your child(ren) act as servers.

-Communicate in French. If you have neighbours or family members who speak French, reach out to them and plan times to chat in French. Remind them to speak more slowly than usual and to be prepared to repeat things, but the real-life practice is a great way to build communication skills. If your child has a friend who is in the FI program, have them video chat with each other and send each other short letters in French like a local pen pal.

-Model risk-taking. Being open to making mistakes and trying new things are a huge part of language learning. Talk to your kids about learning new things and how you're overcoming obstacles you encounter. Model progress over perfection!